

## STUDENT HEALTH REQUIREMENTS AND SERVICES

The Lisbon School Committee, aware of the relationship of health to the total educational process, realizes its responsibility under the law to help protect and improve the health of the students. Therefore, we address ourselves to the following:

- A. In accordance with the State of Maine Immunization Law, within 90 days of enrolling in the Lisbon School Department (provided the child has not previously been granted this provision), all students grades K-12 are required to be immunized according to the State of Maine Immunization Regulations.
- B. In accordance with the State of Maine Law, a school health record will be maintained and updated yearly on each student enrolled in grades K-12.
- C. All students entering kindergarten and grade seven are required to have a physical examination, preferably by their own physician, unless the parent(s)/legal guardian(s) has signed an exemption form. The physical examination may be offered through the school for those students without funds.
- D. Students who wish to participate in interscholastic sports are required to have a complete physical examination every two years and to complete and return a Health Questionnaire every year. A student may not participate until the Health Questionnaire is returned. The physical examination should be done by the student's family physician, but may be offered through the school for those students without funds.
- E. All athletes at Lisbon High School are required to take a baseline ImPACT test before participation in any sport, to be given by nurse or AD. All athletes will be required to take another baseline ImPACT test their junior year prior to participation in any sport. High school students with a history of concussion will take a new baseline ImPACT test annually.
- F. In accordance with State of Maine Vision Screening Guidelines, the vision of students will be screened in Grades K, 1, 3, 5, 7 and 9 with Grade 11 optional. All potential problems are to be referred to the parent(s)/legal guardian(s).
- G. In accordance with State of Maine Hearing Screening Guidelines, the hearing of students will be screened in grades K, 1, 3, 5, 7 and 9 with Grade 11 optional. All potential problems are to be referred to the parent(s)/legal guardian(s).
- H. The parent(s)/legal guardian(s) shall be notified promptly of any suspected health problems. School health services are designed to promote good health practices, prevent and detect health problems, make appropriate referrals and to provide first-aid in the school setting.

- I. In accordance with the No Child Left Behind Act, parents will be notified annually, at the beginning of the school year, that parents/guardians or students 18 years of age or older, have the right to "opt the student out," in writing, of any non-emergency, invasive physical examination\* or screening that is required as a condition of attendance; administered by the school; and not necessary to protect the immediate health and safety of the student or of other students. A student whose parent objects in writing to a vision or hearing screening on the basis of religious grounds shall not be screened unless a sight or hearing defect is reasonably apparent.

\*The term "invasive physical examination" means any medical examination that involves the exposure of private body parts, or any act during such examination that includes incision, insertion, or injection into the body.

Legal Reference: Title 20-A, M.R.S.A. § 6301; 6357; 6359; 6451; 6452 20 U.S.C. § 1232h

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